Determination of major elements in milk using the Agilent 4200 MP-AES

Application note

Food testing & agriculture

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Introduction

Milk is one of the most important food commodities in the world and its consumption has grown, particularly in developing countries which have experienced strong economic growth and urbanization in recent decades.

As a substantial source of several nutrients such as proteins, enzymes, fats, vitamins and essential elements (also known as minerals), milk plays a key role during all phases of human life. Rapid growth during infancy and early childhood creates high demand for the nutrients that milk provides. This development phase requires a balanced amount of different elements, as mineral deficiencies may impair body development whilst excessive mineral intake may increase the osmotic load and cause complications in the developing kidneys of a child.

Essential elements such as Ca, K, Mg, Na and P have several physiological functions in the tissue structure of humans and other animals, such as maintaining osmotic/electrolyte balance, and acting as a cofactor for many enzymes. Deficiencies in these essential elements causes disturbances

in the physiological system in any stage of life and, for this reason, such elements must be monitored to ensure the nutritional value of foods. The accurate analysis of essential elements is particularly important in extensively consumed products, such as milk.

Several atomic spectroscopy techniques are routinely used for elemental quantification in milk and dairy products, in particular flame atomic absorption spectrometry (FAAS) and recently microwave plasma atomic emission spectrometry (MP-AES).

The recent introduction of microwave plasma atomic emission spectrometry was a breakthrough revolution in entry-level atomic spectroscopy techniques. The easy to use Agilent 4200 MP-AES has better performance and speed than a FAAS and requires no hazardous and expensive gases. This improves safety and reduces the cost of analysis.

This work shows the performance of the Agilent 4200 MP-AES for quantification of Ca, K, Mg, Na and P in fresh and powdered milk after acid digestion, with quality assurance performed by analysing a Certified Reference Material (CRM) and applying some of the concepts from the US EPA Contract Laboratory Program.

Experimental

Instrumentation

For this study a microwave plasma atomic emission spectrometer, the Agilent 4200 MP-AES (Agilent Technologies, Santa Clara, CA) was used for elemental determination of digested milk samples. Acid digestion was carried out using an UltraWAVE Single Reaction Chamber Microwave Digester (Milestone Inc., Shelton CT).

Standards and reagents

Analytical grade concentrated nitric acid (HNO_3 67-69%) and hydrochloric acid (HCl 32-35%) were used for sample digestion. The 18.2 MΩ deionized water used was obtained from a Milli-Q™ Water System (Millipore, Darmstadt, Germany). Calibration and accuracy verification standards were prepared using Agilent (Agilent Technologies, Santa Clara, CA) and Spex (SPEX CertiPrep, Metuchen, NJ) Calibration Standards. Method validation was achieved by analyzing the accuracy verification standards and a milk powder Certified Reference Material (CRM), NIST 1549a (NIST, Gaithersburg, MD).

Microwave sample digestion

Seven different powdered and liquid milk samples were purchased from a supermarket in California, USA and digested before analysis by MP-AES (refer to Table 4).

To prepare the milk samples for microwave digestion approximately 0.25 g of each powdered milk, 0.50 g of the powdered NIST 1549a CRM and 1 g of each fresh milk sample was accurately weighed and transferred to a 15 mL Teflon digestion vial. Before capping the vials, 6 mL of nitric acid and 1 mL of hydrochloric acid was added to each. A blank solution was also prepared, containing 6 mL of nitric acid and 1 mL of hydrochloric acid. Each milk sample and blank solution was prepared in triplicate in accordance with this procedure. Similarly, seven samples of the NIST 1549a CRM were prepared and digested in order to evaluate the accuracy of the analytical procedure.

At least two of the sample vials in each batch of 14 samples digested contained the NIST 1549a CRM. One blank solution was included in each batch.

Microwave digestion of the samples was carried out in accordance with the following procedure: The digestion chamber was initially pressurized to 40-45 mTorr with industrial grade nitrogen gas, before the temperature and pressure were gradually increased to 240 °C and 150 bar respectively over 20 minutes. These values were maintained for a further 15 minutes (the duration of the digestion) to ensure complete digestion.

Upon completion of the program each digested sample was diluted to a final volume of 10 mL with deionized water, before a further 10 times dilution with a solution of 2% nitric acid.

Elemental determination

The Agilent 4200 MP-AES has superior performance compared to FAAS in terms of detection limits, linear range, and sample throughput. The 4200 MP-AES uses magnetically-coupled microwave energy to generate a robust and stable plasma using nitrogen gas. The use of nitrogen improves safety by eliminating expensive, hazardous gases and also results in low operational costs. The nitrogen plasma reaches around 5,000 K and eliminates the chemical interferences that are common in FAAS, such as the formation of refractory $CaPO_4$. This means that the element-specific sample preparation often required in FAAS can be simplified to a single sample preparation for all elements. The more powerful excitation source also enables phosphorus determinations, which is not possible on FAAS.

The instrument features mass flow control of the nebulizer gas, and a torch loader mechanism which automatically connects all gases. Method parameters can be automatically optimized in the MP Expert software, which also features automatic background correction.

Method conditions for digested milk sample analysis in the 4200 series MP-AES are listed in Table 1.

Table 1. MP-AES 4200 operational conditions for Ca, K, Mg, Na, P determination in digested milk

Common Conditions	
Background Correction	Auto
Nebulizer	Micromist
Spray Chamber	Double pass glass cyclonic
Pump Speed	10 rpm
Read Time	2 s
Replicates	3
Stabilization Time	20 s
Viewing Position	0

Elemental Conditions		
Element	Wavelength (nm)	Nebulizer Flow (L/min)
Ca	422.673	0.4
K	766.491	0.8
Mg	285.213	0.4
Na	588.995	0.4
P	214.915	0.35
Y (Internal Standard)	371.029	0.4

Results and Discussion

Concentrations working range and method detection limit

Calibrations for all elements were between 5 and 100 ppm, and the correlation coefficient was greater than 0.999 for all wavelengths. Method detection limits (MDL) were calculated as 3 times the standard deviation of 10 consecutive blank readings (3σ). From the MDL, the method quantification limit (MQL) was calculated as 3.33 x MDL. The MDL and MQL are summarized in Table 2.

Table 2. Method Detection Limits (MDL) and Method Quantification Limits (MQL) in mg/L.

Element/ Wavelength (nm)	MDL	MQL[1]
Ca 422.673	0.002	0.007
K 766.491	0.067	0.223
Mg 285.213	0.002	0.007
Na 588.995	0.117	0.351
P 214.915	0.318	1.059

(1) Quantification limits in sample must take into account the different dilution factors applied in powdered milk or fresh milk.

Quality Control

Two strategies were adopted to validate the method:

1. Analysis of the NIST 1549a milk CRM in seven independent digestions, analyzed among unknown samples.

2. Analysis of Initial Calibration Blank and Initial Calibration Verification solutions (ICB & ICV) immediately after the method calibration, followed by Continuing Calibration Blank and Continuing Calibration Verification (CCB & CCV) solutions every 10 samples. The ICB/CCB and ICV/CCV analyses totalled four runs each.

The results from this analysis, shown in Table 3, highlight the ability of the MP-AES to reliably analyze digested milk samples with excellent accuracy, precision and minimal carryover between solutions.

Table 3. Summarized results and recoveries of NIST 1549a CRM, ICB/CCB and ICV/CCV samples.

	Ca	K	Mg	Na	P
CRM Reference Value (mg/kg)	8810 ± 240	11920 ± 430	892 ± 62	3176 ± 58	7600 ± 500
CRM Measured Conc. (n=7) ± SD (mg/kg)	9031 ± 195	11683 ± 566	928 ± 15	3373 ± 108	7360 ± 96
CRM Recovery (%)	102.5	98.0	104.1	106.2	96.8
ICB/CCB (n=4) Average ± SD (mg/kg)	0.020 ± 0.001	0.780 ± 0.155	0.004 ± 0.001	0.411 ± 0.212	< MDL
ICV/CCV (n=4) Recovery %	99.9	102.6	96.7	101.9	99.7

Table 4. Analysis results of powdered and fresh milk digested samples by Agilent 4200 MP-AES.

Samples	Ca mg/kg (RSD)	K mg/kg (RSD)	Mg mg/kg (RSD)	Na mg/kg (RSD)	P mg/kg (RSD)
Powdered Instant Nonfat Milk	11953 (4.5%)	15296 (3.6%)	1242 (4.4%)	4141 (3.5%)	9611 (1.0%)
Powdered Nonfat Milk	11058 (3.8%)	16057 (6.6%)	1176 (1.9%)	4167 (5.4%)	9223 (1.1%)
Powdered Organic Buttermilk	9659 (1.5%)	27253 (1.37%)	1116 (3.8%)	4069 (3.7%)	8489 (2.3%)
Powdered Sweet Cream Buttermilk	8287 (6.6%)	14421 (8.8%)	1053 (5.9%)	4784 (7.5%)	7920 (5.9%)
Powdered Whole Milk	8592 (3.1%)	15157 (3.1%)	1218 (1.0%)	3010 (3.3%)	7750 (0.9%)
Fresh Whole Milk	1150 (2.9%)	1687 (1.9%)	109 (0.9%)	407 (1.9%)	898 (0.8%)
Fresh Nonfat Milk	1182 (1.6%)	1726 (0.6%)	112 (1.3%)	412 (0.4%)	904 (0.6%)

Sample Analysis

To evaluate the performance of the method with real samples, digested powdered and fresh milk samples were also analyzed (shown in Table 4). These results demonstrate the ability of this method to analyze a diverse collection of real samples with good precision, easily covering the vast range of major element concentrations determined (e.g. from 1150 to 11953 mg/kg for Ca).

Conclusion

An accurate and robust method has been developed for the determination of major elements in digested milk samples on the 4200 MP-AES. The detection limits achieved were found to be well below those required for milk analysis, and excellent recoveries were obtained for the CRM (between 110—90%) and ICV/CCV (between 105—95%).

The 4200 MP-AES is the ideal instrument for those looking to move away from FAAS and extend their laboratory's analytical capabilities. Recognized benefits of the MP-AES include reduced running costs, enhanced productivity through numerous ease-of-use features and simplified sample preparation, improved safety, and higher analytical performance such as better detection limits and greater linear dynamic range.

References

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